## **Spring into Action Toolkit**



## **Sunday 13th February**

## **Sensory Journey Sticks**

On your walk, take different coloured wools with you. Find a short stick and, as you go on your journey, attach the most interesting objects you find (leaves, feathers etc) to the stick using the wool. Use a different colour of wool for each sight, sound, feeling and smell. When you get home, can you recount your journey or perhaps write it up as a story?







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