

# Spring into Action Toolkit



## Wednesday 9<sup>th</sup> February

Try this activity today to add a little variety to your daily journey.

### **Rotating Routing**

Do you walk the same way to and from school every day?

Is there a different way you could walk, scoot, cycle or run?

Can you list the different things that you saw when you get home?

What did you hear?

Can you compare the different routes you take?

Which one do you prefer?

Is the air cleaner on one route than the other?

Is one hillier or flatter than another?

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