


## Subject Leader Curriculum Intent, Implementation and Impact Statement

**Subject: Health and Wellbeing**

**Subject Leader: Chloe Andrews**

Intent	Research link	Implementation	Impact
<p>At Balksbury Federation, we want to provide our children with the knowledge, understanding and skills for their future lives to allow them to play an active, positive and successful role in today's diverse society. We want to equip our children with the understanding and skills for opportunities and responsibilities they face now, and in the future.</p> <p>From September 2020, our PSHE and Sex and Relationships curriculum was renamed 'Health and Wellbeing curriculum' and is centred on three core areas:</p> <ul style="list-style-type: none"> <li>Relationships</li> <li>Healthy Lifestyle</li> <li>Living in the Wider World</li> </ul> <p>Additionally, alongside this, 'Talk Toolbox' has been designed to develop the children's critical thinking skills and allow them to engage in different philosophical discussions. We want our children to be able to talk and explain respectfully their views on issues that affect themselves and society.</p>	<p><i>Health and Wellbeing education gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.... When taught well, Health and Wellbeing education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.</i></p> <p><b>PSHE Association</b></p> <p><i>High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society.</i></p> <p><b>Department for Education (DfE)</b></p> <p><i>Teaching to develop critical thinking skills is very important for preparing students to live in global era... We need to be a critical thinker to ensure that we don't make wrong and misleading judgment in our community.</i></p> <p><b>Abdur Rahman As'ari</b></p>	<p><b>EYFS</b></p> <p>Our 'Health and Wellbeing' curriculum is an integral part of our EYFS provision. It is taught through regular 'Talk Toolbox' sessions and through the new EYFS Framework, focusing on the prime areas: Personal Social and Emotional Development; Communication and Language and Understanding the World.</p> <p><b>Key Stage 1 and Key Stage 2</b></p> <p>Our Health and Wellbeing Curriculum consists of 5 lesson per half term (see overview):</p> <p><b>Lessons 1 &amp; 2: 'Talk Toolbox Lessons':</b></p> <ul style="list-style-type: none"> <li>Talk Toolbox lessons are designed to develop the children's critical thinking skills and allow them to engage in different philosophical discussions. Each Talk Toolbox lesson will be structured around <b>one</b> key question. The key question links directly to the following Health and Wellbeing lessons planned for week 3, 4 and 5</li> <li>Key aims will also explore a school wide question, and will underpin a half term/ or term's themes in future Health and Wellbeing lessons</li> <li>Key vocabulary will be taught, and explored for future Health and Wellbeing lessons, and, relationship education</li> <li>Opportunities will be presented for teachers to model how to respectfully agree or disagree with opinions</li> <li>Talk Toolbox lessons will develop the children's critical thinking and strengthen</li> </ul>	<p><b>By the end of their time at Balksbury Federation, the children will become a successful Balksbury Citizen*.</b></p> <p><b>They will:</b></p> <p>Know accurate and relevant knowledge of relationships, healthy lifestyles and living in the wider world.</p> <p>Experience opportunities to relate knowledge to real life.</p> <p>Explore their individual values, attitudes and beliefs as well as respectfully understanding those of others.</p> <p>Know key knowledge about safety, helping them to recognise when they are at risk and providing them with strategies and language to take appropriate action.</p> <p>Know a range of skills and strategies for living a healthy, safe and responsible life.</p> <p>Be able to recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing</p>

<p>Our revised 'Health and Wellbeing' curriculum has been designed to provide children with a 'broad and balanced' curriculum that underpins Spiritual, Moral, Social and Cultural development, alongside good behaviour and safety, and is underpinned by British values.</p> <p>Our 'Health and Wellbeing' provision permeates throughout our wider curriculum and is embedded within our culture and ethos through both schools at Barksbury. The three core areas of our 'Health and Wellbeing' curriculum ensure that children have qualities which will enable them to be able to flourish as: an individual, within the federated community, as part of a family and wider society.</p> <p>Our 'Health and Wellbeing' curriculum is built upon layered knowledge, skills and experiences year on year which will enable the children to access the wider curriculum and prepare them for everyday experiences, as they develop personally, and later on in life.</p> <p>Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.</p>		<p>their vocabulary and ability to articulate their views and opinions</p> <p><b><u>Lessons 3-5: Health and Wellbeing Lessons</u></b></p> <ul style="list-style-type: none"> <li>○ Lessons will include answering Talk Toolbox question(s), statutory objectives set out by the DfE, and Barksbury curriculum design themes</li> <li>○ Lessons will be tailored to build upon skills and knowledge the children have already acquired in previous year groups</li> <li>○ Real life examples and scenarios will be provided to embed children's understanding</li> </ul> <p><b><u>Statutory objectives will be covered:</u></b></p> <ul style="list-style-type: none"> <li>○ In other subjects across the curriculum</li> <li>○ By embedding in our federated Ethos and Code of Conduct</li> <li>○ In specific featured days and assemblies</li> <li>○ Through key visitors to our federation, such as Safe 4 Me, Community Support Officers, Fire and Rescue</li> <li>○ SMART School Council</li> </ul> <p>'Health and Wellbeing', British Values and SMSC is an integral part of our ethos and culture. It underpins our core Learning Values (Collaboration, Respect and Perseverance) this is filtered throughout the wider curriculum.</p> <p>Our weekly assemblies and collective worship are centred around topical issues, British Values and SMSC development.</p> <p>A Federated 'Thoughts and Memories' garden supports those children in need for their emotional wellbeing, giving them the opportunity to reflect.</p>	<p>their mistakes, making amends and setting personal goals.</p> <p>Confidently discuss and debate topical issues, problems and events.</p> <p>Reflect on spiritual, moral, social, and cultural issues, using imagination to understand other people's experiences.</p> <p>Develop a positive self-esteem.</p> <p>*A Barksbury citizen will 'enable' and 'empower' child. They will be:</p> 
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