

Healthy and Wellbeing Overview: **Healthy Lifestyle** **Relationships** **Living in the Wider World** **British Values = BV**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Relationships Sharing Activities to encourage sharing Talking about promises Pictures to match similarities Pictures and discussion about differences BV	Living in the Wider World Coins Match the coin Choosing the correct coin Posting coins in the correct box	Healthy Lifestyle Living in the Wider World Keeping Safe Following instructions about safety in the playground Holding hands to help people Matching up pictures with the right people who help us to stay safe <i>Anti-Bullying Day</i>	Healthy Lifestyle Living in the Wider World Looking after the environment Making sure we put items in the bin to keep the class a safe environment Making sure we don't drop litter on the playground Saving water by turning the tap off	Relationships Healthy Lifestyle Staying safe in the sun and on the playground What should we do to stay safe in the sun on the playground? Let's watch it grow!	Relationships What will it be like in Year 1? What will it be like when we move up to Year 1? What will change in Year 1?
	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox
Year 1	Relationships Sharing and Caring Friends are important BV	Living in the Wider World Money, Money, Money Looking at where money comes from	Healthy Lifestyle Living in the Wider World Be Safe & Be Seen Holding hands to be safe near traffic <i>Anti-Bullying Day</i>	Healthy Lifestyle Living in the Wider World Drip Drop Looking at saving water Understanding water pollution	Relationships Healthy Lifestyle Slip Slap Slop Staying safe in the sun What Can We Grow? Working together to look at how things grow Healthy Eating	Healthy Lifestyle Living in the Wider World Scooterability Introduction to Bikeability
	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox
Year 2	Relationships Everybody Somebody Anybody Nobody Being responsible in the classroom BV	Living in the Wider World What to do? Understanding the value of money	Healthy Lifestyle Living in the Wider World Hands, Teeth & Hygiene Keeping clean and hygienic <i>Anti-Bullying Day</i>	Healthy Lifestyle Living in the Wider World The Picnic Identifying litter as a problem	Relationships Healthy Lifestyle Keeping Myself Safe Identifying how to stay safe and who can help	Relationships How Tall Can It Grow? Working together to make things grow Moving On! Managing the transition process

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Healthy Lifestyle Rules Everywhere! Being clean and safe in our school environment BV	Relationships Living in the Wider World Pocket Money Why do we have money? What is this coin? Check the change (<i>visit</i>) BV	Relationships Belonging to Groups Team work and belonging to different groups <i>Anti-Bullying Day</i> BV	Healthy Lifestyle Living in the Wider World 999 How to respond in an emergency (<i>visitors</i>) Social Media BV	Relationships Dizzy Dilemmas Explaining right and wrong, and making the right decision Working together Growing a salad bowl BV	Healthy Lifestyle Living in the Wider World Where Should I Cross? Introduction to The Green Cross Code BV
	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox
Year 4	Relationships More than one friend Exploring friendship BV	Living in the Wider World All About Banks What are they? Why do we have them? What do they do? Inside a bank BV	Relationships Living in the Wider World Pollution Cleaning up our environment (moral and ethical issues) <i>Anti-Bullying Day</i> BV	Healthy Lifestyle Living in the Wider World Smoke's No Joke! Having a fire escape plan when the smoke alarm goes off (<i>visitors</i>) BV	Relationships Healthy Lifestyle Social Media Safety online and keeping personal information safe BV	Living in the Wider World First Aid Mini First Aid visitors – core skills (<i>visitors</i>) Healthy Lifestyle Changle4Life Growing your own food and identifying the main food groups BV
	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox
Year 5	Relationships Healthy Lifestyle Stress Managing everyday relationships BV	Living in the Wider World Wants Or Needs? Keeping an account of money Reading a bank statement BV	Relationships Taking The Lead Managing others in relationships Growing a salad bar (managing the project) <i>Anti-Bullying Day</i> BV	Living in the Wider World Have A Banana Fairtrade, sustainability and global communities (<i>visitors</i>) BV	Living in the Wider World Who's In Charge? Parliament, laws and us BV	Relationships Healthy Lifestyle Social Media Safety online and keeping personal information safe BV

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Year 6	Relationships Healthy Lifestyle Stand Up, Stand Out Difference: changes in friendship –when not to follow the crowd Magistrate Court (one day) <i>(visitors)</i> BV	Living in the Wider World Money for Life Earning money Spending money Choices and enterprise	Healthy Lifestyle Living in the Wider World The Earth In Our Hands Reducing our carbon footprint <i>Anti-Bullying Day</i>	Healthy Lifestyle Railway Safety	Relationships Healthy Lifestyle Social Media Safety online and keeping personal information safe <i>(visitors)</i> Think Safe (one day) <i>(visit)</i> BV	Healthy Lifestyle Living in the Wider World Relationships Drug Education (one day) Road Safety (one day) Keeping safe at all times Biggest To Smallest (one day) Secondary transfer Sex Education BV
	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox	Talk Toolbox